FSM Medical Treatment Waiver of Liability

Frequency Specific Microcurrent (FSM) is a treatment modality that utilizes a pulsed alternating or positive polarized DC current that are millionths an ampere. There are published studies showing the benefit of utilizing FSM in various health conditions both acute and chronic, and none have demonstrated any harm to patients.

* I understand that there is no implied or stated guarantee of success or effectiveness of a specific treatment or series of treatments.
* No device or treatment modality is 100% safe for everyone.   
  Although not the same as Transcutaneous Electrical Nerve Stimulation (TENS) machines, FSM machines have a 510K approval in the category of TENS machines for treatment of pain**. I understand that FSM and ALA does not make any claims in being able diagnose, treat, or cure any condition or disease, and understand that the use of frequencies as a therapeutic tool has not been evaluated by FDA.**

**Please advise your provider if you have any of the following conditions as they may be contraindications to treatment or require extra precautions:**

* **Pregnancy** - This is a CONTRAINDICATION for FSM treatment, as the treatment may alter certain chemicals in the body called prostaglandins that are important for pregnancy. If you think there is any possibility that you are pregnant, advise the practitioner and DO NOT undergo FSM treatment.
* **Any type of pump** (ex. Insulin pump, pain pumps) –these must be turned off before being treated
* **Demand type pacemaker-** The current used in FSM should not cause any problems, but to be sure, always check with the manufacturer of your type of pacemaker before treatment. If you have this type of pacemaker, the electrodes and towels used in FSM will need to be placed in certain locations of the body further from the pacemaker.
* **Cardiac monitor**- If you are on a cardiac monitor (like a EKG or Holter monitor), be aware that FSM will interfere with the readings picked up by the monitor as well as the alarms.
* **Blood clots**- Please advise your provider if you currently have a blood clot (deep vein thrombosis, pulmonary embolus, etc), as there are certain frequencies that should not be used. Although no harm has ever been demonstrated with treatment, theoretically certain frequencies may affect the coagulation process.
* **Infection**- FSM may increase the severity of infections such as tooth abscesses, viral infections, digestive infections, etc. Please inform your practitioner of current or previous infections.
* **Recent injuries-** Please inform your practitioner of any recent injuries (7 weeks or less) or any surgery, even if they are minor in nature as this may change treatment protocol.
* **Side effects** may include increasing the severity of infections, irritation at the site of stimulation, soreness, fatigue, light-headedness, drowsiness, mental irritation, and transient weakness. Microcurrents can induce seizures if there is a history of epilepsy.
* **Indemnification and Hold Harmless**: I agree to indemnify and hold ALA and any of the staff, HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including court costs and attorney’s fees brought about as a result of my FSM treatment.
* **Acknowledgment of Understanding:** I have read this waiver of liability, assumption of risk, and indemnity agreement, and I fully understand its terms. I am at least 18 years of age, have read and understand the above agreement and am competent to execute this agreement.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_   
Print Name Signature Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name and signature of guardian